



WE DO WINDOWS
THE WINDOW
 COME DO WINDOWS WITH US



CADDO-BOSSIER
 WINDOWS
 USER GROUP

Shreveport – Bossier City
 Louisiana

www.shreve.net/~cbwug

Volume 8 No 4

Caddo-Bossier Windows User Group Newsletter

April 2006

March Meeting

By Glenda Conradi



Jim Moore presents the program at the March meeting

In March Jim Moore, with Tech Services Computer Repair, presented a very enlightening and interesting program about a subject that most of us have at least some concern about at one time or another. Jim talked about spyware and malware and why some popular programs may not be the best idea. He told us about Viruses, Worms, Trojans, and other Rogue Software and

gave explanations for, and information about, each one.

Jim discussed some free anti virus programs, such as AVG and Avast Home and gave an overview of Microsoft Defender. He said it still needs some work but does a good job.

We want to thank Jim for a wonderful program

April Program

By Glenda Conradi

Over the months we have had some great speakers and very good programs, so keeping that into consideration we decided to have one of our popular question, answer and discussion meetings in April. Go to our Club Web site, <http://www.shreve.net/~cbwug/>

and look at some of the past newsletters to see some of the subjects we have covered. If you have questions or comments about the programs please bring them to our April meeting. See you in April.

MEETINGS

Thursday April 13, 2006

Thursday May 11, 2006

Podnuh's Bar-B-Q

1146 Shreveport-Barksdale Hwy
 Shreveport, Louisiana

Meetings 2nd Thursday of each month
 7 p.m.

MARK YOUR CALENDAR



Ark-La-Tex Computer Sheaux

~Sheaux Dates~

~2006 Dates~

February 11, 2006

May 13, 2006

August 12, 2006

November 11, 2006



www.computersheaux.org

~ Contents ~

March Meeting	1
April Program	1
Sheaux Dates	1
Club Information	2
Thank You	2
Quick Tip.....	2
President's Page	2
Keep Me Posted.....	3
Getting Started With XP	3
Door Prize Winners.....	3
When Spyware Bites	4
Web Sites.....	4
Did You Know?	4

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Membership Dues.
Full: \$12.00 a year
Spouse: \$6.00 a year
Student: \$6.00 a year.

C-B WUG's Web Address
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~Thank You~

Podnuh's Bar-B-Q 1146 Shreveport-Barksdale Hwy for letting our group hold our monthly meetings in a private dining room in their restaurant

ShreveNet, Inc. for generously providing an email account and internet access for C-BWUG and for providing web space for our club.

BancorpSouth on Youree Drive for providing us with a checking account at no charge.

~A QUICK TIP~**Improve Computer Startup Times**

Improve computer startup times and remove unnecessary startup programs from the right bottom of your desktop.

Go to the run command.

Type MSCONFIG.

Click the Startup tab.

Uncheck third party software items.

It is highly recommended that you only disable third party programs such as Real Player, AOL, Quick-Time, etc.. Do not disable your virus protection or any programs that you are not familiar with. That includes Windows system programs and video card software.

President's Page**Caddo-Bossier Windows Users Group March Meeting**

There were two new members; they were Barbara and David Piazza. Welcome Barbara and David. The meeting started with a short bit of business and then we moved right to the program for the evening. The guest speaker for the evening was Jim Moore. Jim briefed us on the various virus problems, the various malware and spy ware programs and gave an explanation of a worm, Trojan, and a zombie. The term he referred to was called VEGA.

Meaning Validate, Educate, Guide, and Assist. I want to thank Jim for this very interesting, informative and enlightening program. Jim then stayed around for our question and answer program. We were able to persuade him to help us answer some of the questions. Kristie Sanders asked what MRU stands for and Jim's answer was "Most Recently Used". Jim also told us about the free program Spoof Stick to use as a site to use for anti-phishing, because it will tell the actual location of a web site. Joe Bujnowski asked how you can tell if you have a virus and what happens in a full system scan. Julious Windham asked a question about validation requirement when using Windows update.

Jim Moore also suggested the use of Easy Cleaner, particularly looking at the Startup Inspector.

The door prizes for the evening were: an Optical Scroll Mouse won by David Piazza and a ream of paper won by Joe Blase.

I encourage everyone to surf to the CBWUG web page and check out the newsletters past and present. There are a lot of good tips and informative articles.

If you have any suggestions for something you would like to see covered in a program at one of our meetings please contact Glenda Conradi at: glenda@conradi.com.

Bernie Conradi, President Caddo-Bossier Windows Users Group.

Keep Me Posted

by Wayne Ebert

The title, Keep Me Posted, came after the following statements; "I want to know everything you see, hear, or read on this." "I want to stay informed, wherever I am, with immediate updates and would appreciate automatic delivery of this information." Two words, everything and wherever, require some clarification if you get an e-mail with a link when something is posted that is related to say a medical condition, for example, and if the search phrase is not specific you can very well be overwhelmed with information.

Concern for "wherever" is defined as wherever you have the ability to connect to the World Wide Web Internet which would be the avenue to automatically deliver the information you have requested. Using the World Wide Webs Internet as a source of information may not be practical for an individual to gather the information, but Google will send the information in an e-mail while Yahoo! will send information via e-mail, text messages or instant messenger. Though a wireless carrier may charge a reception fee this is a free service that is easy to use and very effective. To learn more visit Yahoo! and Google respectively at: <http://tinyurl.com/sxwmm> and <http://www.google.com/alerts>. It only takes a moment to set up an Alert, and it's simple to add, delete, edit, or change alert keywords or device preferences.

You can manage your settings

or view a complete history of your alerts at these sites. If you do not have a Yahoo! user ID you must obtain one to take advantage of this feature. In general you enter the topic you wish to monitor, the search terms, type - [where to search news, web, news and web, or groups]. How often do you want alerts sent, once a day, as-it happens, or once a week. Enter the e-mail address at which the alerts are to be sent to.

Use Google until you become familiar with entering keyword topics for your searches. Change to Yahoo to have the search alerts sent as text or to your IM addresses if either of these are more desirable.

GETTING STARTED WITH XP

Mouse Sonar

If your mouse pointer ever seems to get lost on the screen and you have trouble finding it this tip might be helpful to you.

Windows XP has a handy little 'mouse sonar' option available. The option will make a little concentric ring pop up around itself to show you where the mouse pointer is.

Go to Start\control panel\mouse. Choose the pointer options tab. Check the show location of pointer when you press the control key.

Now when you have lost your mouse all you need to do is press the Ctrl key and a ring of circles will come up one at a time around the cursor to help you locate it.

Door Prizes Winners for March 2006 Meeting



Joe Blase and David Piazza

The March door prizes were won by members Joe Blase, a ream of paper and David Piazza, an optical scroll mouse. All Caddo-Bossier Windows User Group club members in attendance are eligible to win door prizes at the monthly meetings.

When Spyware Bites

By Jay Graff

In the past I always thought of Spyware as being annoying and got rid of it as soon as I got around to it. That is till I ran into a particularly nasty bit called Spy Falcon. I am usually quite active online and getting the spyware and viruses are an occupational hazard. Just getting them is a normal part of the game. But I was not prepared for this one. One day I booted up and was just minding my own business, when a couple of new icons appeared on my desktop. One was the Spy Falcon one and there was another that I forget what it was called. Naively, I just deleted the icons, but a popup window appeared saying that my computer was at risk and I should scan and buy some scanning tool that the window recommended. I closed that without doing anything and then a little flashing triangle appeared in my taskbar that I could not get rid of. When I ran my mouse over it I got a message that my computer was at risk. I must admit that I was not as diligent as I should have been in doing my scans, but I ran one right away with Webroot SpySweeper and it found around 11 or 12 items, including Spy Falcon and a couple of Trojan horse down loaders. There was also one that I got called winlogonhook. After I ran the scan, I told the program to get rid of them all, but when I rebooted, most of them came back. I sent out an urgent call for help to our user group and was sent a url that

gave a detailed list on how to check for and get rid of these things, but I tried a different approach. I contacted Webroot directly and I have to say that I was gratified by their response. They answered me relatively quickly and gave me a suggestion that did not work. I responded and they sent me another suggestion..... long story short, after a few days of email tag and using some programs that they sent me links to, I was finally able to rid my computer of these scourges. After this experience, I have changed the way I do things. At first I started doing daily sweeps, but after I got over my initial paranoia, I do them routinely a few times every week. Also, I have Spysweeper in my startup so I can take advantage of their numerous shields. As bad as this experience was, don't think that it was all bad. I guess it's true that there is a silver lining in every cloud. Not only did I learn the ins and outs of getting rid of bad stuff, there was another even more positive benefit, all of the information I sent back to them was used to update their spyware definitions, so other people that get these will be able to get rid of them much easier than I did. I realize now that this is a never-ending process. I am clean now, but I am sure that tomorrow or the next day there will be another threat out there that needs to be gotten rid of. At least now I feel more confident that I will be able to.

~Web Sites~

The Elder Geek on Windows XP

http://www.theeldergeek.com/sort_menus_alphabetically.htm
(Tells you how you can automatically sort menus alphabetically)

LogMeIn

https://secure.logmein.com/go.asp?page=products_free
(Run programs & access your files anytime. Check email from anywhere. Access your home PC from the office. 100% FREE to use!)

City of Shreveport Police Department

<http://www.ci.shreveport.la.us/dept/police/>
(This site features the latest news from the department, as well as crime analysis, crime prevention tips and answers to citizens' most frequently asked questions.)

Local Gas Prices

<http://autos.msn.com/everyday/gasstations.aspx?zip=&src=Netx>
(Every night MSN Autos receives pricing data from over 90,000 gas stations across the nation. Please note that gas prices in your area may change more frequently than we can obtain them)

Merck Manual of Diagnosis and Therapy

<http://www.merck.com/mrkshared/mmanual/home.jsp>
(A medical resource site where you can access medical information and read up on conditions and treatment.)

Bable Fish Translation

<http://www.babelfish.altavista.com/>
(Translate from one language to another. Translate a block of text - Enter up to 150 words)



DID YOU KNOW?

You can change the name of an icon on the desktop quickly and easily.

Click once on the icon then press the F2 key. The name is highlighted and you can start typing to change the name.